

Land of Merry Unbirthdays



Sing | Watch this short video from the movie “Alice in Wonderland” and sing the “Merry Unbirthday” song together: <https://www.youtube.com/watch?v=1cAlm0--YKw>

Talk | Talk about past birthdays and show your child pictures of them from birth to their latest birthday. Use the Birthday Interview worksheet to ask your child questions about themselves that you can use as a keepsake. Also, talk about your own birthdays when you were a child!

Read | Check out and read any book from this week’s search tag: #landofmerryunbirthdays and watch one of the Land of Merry Unbirthdays virtual storytimes during the week of July 20, found LIVE on social media. Details at <https://www.handleyregional.org/youthvirtualprograms>. Watch anytime on the Youth Services YouTube playlist at <https://tinyurl.com/HRLSYouth>.

Play | “Egg and Spoon Race”: Play this classic birthday party game to celebrate your own unbirthday. Try not to drop the egg!

Supplies:

- Hard boiled or plastic egg
- Spoon
- Open area to play

Instructions: Each participant gets a spoon and an egg (hard boiled or plastic). Each player must carry their egg on their spoon from the starting line to a turnaround point and back again. If you have more than one player the egg can be passed off to a teammate who then takes their turn. If the egg is dropped, the player must stop and retrieve it. This game will work on coordination and will get your child moving. Can be played inside or outside.

Write | Draw/Write a birthday card to a friend or family member and send it to them.