

# TOUGH TOPICS FOR TEENS

## Find all Young Adult Nonfiction books on the main level.

Abusive Relationships.....	362.8
Acne/Skin Care.....	616.53;646.72
Alcohol.....	362.292;613.81
Birth Control .....	363.9;613.94
Body Changes/Puberty .....	613.9
Bullying.....	302.3
Cutting/Self Harm .....	616.85
Depression .....	616.8527
Divorce .....	306.89
Drugs .....	362.29;616.86
Eating Disorders .....	616.85
Hair Care .....	646.7
Health .....	613.04243
LGBTQ+ .....	306.76
Pregnancy .....	306.874;618.2
Relationships/Dating.....	306.73;646.77
Self-Esteem .....	305.235
Sex .....	613.9
STDs .....	616.95;616.979



**Every Question Deserves a Search!** [information@handleyregional.org](mailto:information@handleyregional.org)

This guide is intended to connect you to resources that we hope will help when you face difficult issues in your life. You are not alone.

**Remember:** Librarians are nonjudgmental and want to help you find the info you need, but we understand if there are some things you want to keep private. Don't forget there is a self-checkout on the 2nd floor for your convenience.

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## SAFE TEEN RESOURCES

Alcoholics Anonymous([AA.org](http://AA.org)) . . . . . 540-667-0322  
 Behavioral Health Intake. . . . . 540-536-8152  
 CCAP([ccapwinc.org](http://ccapwinc.org)). . . . . 540-662-4318  
 Child Abuse. . . . . 800-552-7096  
 CLEAN, Narcotics Abuse. . . . . 540-772-3589  
 Concern Hotline([concernhotline.org](http://concernhotline.org)). . . . . 540-667-0145  
 Domestic Violence([thelaurelcenter.org](http://thelaurelcenter.org)). . . 540-667-6466  
 Eating Disorders([nationaleatingdisorders.org](http://nationaleatingdisorders.org))\*. 800-931-2237  
 Free Medical Clinic([sinclairhealthcare.org](http://sinclairhealthcare.org)). . . 540-536-1680  
 Health Resources. . . . . 211  
 Mental Health Crisis Hotline. . . . . 540-635-4804  
 Poison & Drug Control. . . . . 800-222-1222  
 Pregnancy/STD Testing([abbacare.org](http://abbacare.org)). . . 540-722-4844  
 Rescue Mission([winrescue.org](http://winrescue.org)). . . . . 540-667-5379  
 Runaway Switchboard([1800runaway.org](http://1800runaway.org))\*. . 800-786-2929  
 Salvation Army. . . . . 540-662-4777  
 Self-Injury Hotline. . . . . 800-366-8388  
 Sexual Assault Hotline([rainn.org](http://rainn.org))\*. . . . . 800-656-4673  
 Suicide Prevention([suicidepreventionlifeline.org](http://suicidepreventionlifeline.org))\*. 800-273-8255  
 Supportive Housing. . . . . 540-665-8900  
 Valley Work Force([vcwvalley.com](http://vcwvalley.com)). . . . . 540-545-4146  
 Winchester Dept. of Health. . . . . 540-722-3470  
 Winc. Dept. of Social Services. . . . . 540-955-3807  
 Winc. Nonemergency Number. . . . . 540-662-4131  
 Youth Development Center([mydc.org](http://mydc.org)). . . 540-662-4564

\*Resources with available Online Chat and/or Text Messaging features.

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