

Stewart Bell Jr. Archives
Handley Regional Library & Winchester-Frederick County Historical Society
P.O. Box 58, Winchester, Virginia 22604
Tel.: (540) 662-9041, ext. 17 • Email: archives@handleyregional.org
Website: www.handleyregional.org/archives

Elizabeth Helm Collection
Collection Number: 1162 THL

CONDITIONS GOVERNING ACCESS: Collection is open to all researchers.

CONDITIONS GOVERNING REPRODUCTION AND USE: Restrictions may apply concerning the use, photoduplication, or publication of items in this collection. Consult a member of the archives staff for information concerning these restrictions. The user assumes all responsibility for identifying and satisfying any claimants of copyright. Some materials may require special handling.

PROCESSING INFORMATION: Processed by Lorna M. Loring. Last updated June 30, 2025.

ACCESSION NUMBER(S): 2003.001 THL; 1991.003 THL; 1991.004 THL; 2009.003 THL; 2010.001 THL; 2019.001 THL

EXTENT: 0.80 linear feet

CREATOR: Helm, Elizabeth

DATE: 1940 - 2000

EXISTENCE AND LOCATION OF COPIES: Selected photographs in this collection have been digitized and are available to view online through the Past Perfect online database: <http://handley.pastperfectonline.com/>

SCOPE AND CONTENT: This collection contains a scrapbook of Elizabeth Helm's campaign for mayor of Winchester, VA, USA, her election, and activities. It consists of news articles, photographs, notes, etc. covering Sept. 1986 to May 1996.

The remainder of the collection contains various material concerning Helm's life and career, to include information about the family home, Fair Mount, correspondence, ephemera, and other documents from her term as mayor, and information about Shawnee Springs. Box 2 contains Helm's speeches and photographs.

BIOGRAPHICAL/HISTORICAL: Elizabeth Glaize Helm was the first woman elected to the office of Mayor of Winchester, serving from May 1988 to May 1992. She was born in Winchester in 1931 and married Dr. W. Jackson Helm in 1954, with whom she had three children.

Helm graduated from Wellesley College and later began a career in banking and finance. She was involved in numerous policy areas at the local, state, and national levels.

IMMEDIATE SOURCE OF ACQUISITION: Gift of Elizabeth Helm

CONTAINER LIST:

SCRAPBOOK, 1986-1996

Physical Location: Shelved with oversize scrapbooks

BOX 1

Folder 1: Apple Blossom, 1992, correspondence with Mayor of Winchester, England

Folder 2: Biography and Resume

Folder 3: Correspondence

Folder 4: Doctor William B. Bowen House, "Moorefield," Warren County, Virginia

Folder 5: Fair Mount

Folder 6: Mayoral Issues

Folder 7: Programs

Folder 8: Presidential Napkin

Folder 9: Shawnee Springs

Folder 10: Testimony to the House of Representatives Sub-Committee on National Parks and Public Lands, September 4, 1990

BOX 2

Folder 11: Speeches

Folder 12: Speeches

Folder 13: Speeches

Folder 14: Speeches

PHOTOGRAPHS: Filed with collection in Box 2

1162-001 THL Elizabeth Glaize Helm making a speech, Oct 1988.

1162-002 THL Elizabeth Glaize Helm at her desk, flanked by (unidentified) assistants. Date estimated as c. 1988.

1162-003 THL Elizabeth Glaize Helm with Rouss City Hall (15 North Cameron Street) in background. Date given as 1992.

1162-004 THL Rouss City Hall (15 North Cameron Street) , Winchester, VA. Exterior with traffic. Date estimated as c. 1985.

- 1162-005 THL Rouss City Hall (15 North Cameron Street) , Winchester, VA. Interior, during the visit of the Sonobe delegation. Date given as Aug 22 1989.
- 1162-006 THL Yoshito Nishimura, a young tourist sightseeing in Winchester. Back of photo is inscribed with Nishimura's thanks and comment, "I like beautiful Winchester". Date given as July 21, 1990.
- 1162-007 THL Elizabeth "Betsy" Glaize (Helm) wearing Mrs. Green's antique dress in a fashion show at Col. Barton's house (106 South Washington Street - since demolished) next to Mrs. Green's (112 South Washington Street). Date estimated as 1940s.